

COACHING AGREEMENT & DISCLOSURE

The Cliteral Truth Coaching

This agreement is between:

Coach(es): Ryan Houmand and/or Lexie Willard

Client Name: _____

Date: _____

♦ **Scope of Services:**

We provide coaching in the areas of relationships, intimacy, personal growth, and communication. Our work focuses on education, skill-building, and support for achieving your personal goals. **Coaching is not therapy, counseling, or mental health treatment.**

♦ **Disclaimer:**

We are not licensed therapists, counselors, or medical professionals. Coaching is not a substitute for professional mental health care. We do not diagnose, treat, or provide advice for any mental health conditions. If you require mental health care, we encourage you to seek help from a licensed professional.

♦ **Referral Clause:**

If it becomes apparent that you would benefit from therapy or other professional services beyond the scope of coaching, we will recommend that you seek assistance from a qualified provider. We reserve the right to pause or end coaching if this boundary is crossed.

♦ **Confidentiality:**

Your information will be kept confidential to the extent allowed by law, except in situations where there is a risk of harm to yourself or others, or as required by legal authorities.

♦ **Acknowledgement:**

By signing below, you acknowledge that you have read and understood this agreement and voluntarily agree to receive coaching services under these terms.

Signature: _____ Date: _____

Print Name: _____